### Finding a Good Balance:

Incorporating Engagement and Accountability
Strategies with Fathers Who Have Used
Violence



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Presenter

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## **Brainstorm**

Why should we engage fathers who use violence?



#### Why Work With Men Who Batter?

- Fathers who use violence often have legal and illegal contact with their children.
- Because most men want to be good fathers, in some cases this contact can be transformed into a positive and healing experience for the children.
- Many mothers who have suffered abuse want their children to have safer and healthier contact with their fathers.
- Some men are able to develop empathy towards their children, which may be a protective factor against further abuse.

## Why Work With Men Who Batter?

Many men who have used violence grew up in abusive households and have lived through the intergenerational cycle of violence.

Abuse is a deliberate choice and a learned behavior and therefore can be unlearned.

Building relationships and working with fathers enables us to more effectively centralize safety for women and children.

Giving fathers more opportunities for change and healing is an essential component to end violence against women and children.

## What We Know

#### Impact of Domestic Violence on Women

- Females are more likely than males to be victim of nonfatal intimate partner violence
- Women between the ages of 20-24 are most at risk and 1,640 women are killed every year by their male partners.
- Women today, as in the past, remain the group most adversely affected by this violence, and their male partners remain the primary perpetrators.

## What We Know

#### Impact of Domestic Violence on Children

- -Possible Effects Include:
  - Behavioral and emotional problems
  - Cognitive functioning problems
  - Longer-term problems in adolescence

## What We Know

#### Domestic Violence and Men

- · Arrest and incarceration
- Temporary protection/restraining orders
- Court-mandated batterer's and abuser intervention programs
- · Coordinated community approach

## Men Who Batter – Who are they?

- -It's not a clinical diagnosis
- -It's a behavioral profile, which includes:
  - Intimidation
  - Psychological and emotional abuse
  - Exaggerated, intrusive, disproportionate entitlement
  - Physical and sexual violence

## **Presentation**

- Defensive-aggressive
- Challenging
- Charming-manipulative
- Superficially compliant
- Avoidant

## **Parenting By Men Who Batter**

Continued threats and violence after separation Behavior negatively affects children More controlling and abusive parenting Perpetrators often involve children in violent events Good under observation

Bancroft & Silverman, 2002

## **Impact on Families**

- Undermining of mother's authority
- Interference with mother's parenting
- Use of the children as weapons
- Sowing of divisions

Bancroft & Silverman, 2002

## **Use of Systems**

#### Court

- Multiple filings
- Requests for Documentation
- Change of Providers

#### **CPS**

- Allegations of negligence and/or abuse Visitation Provider
- Allegations of contempt or non-compliance
- Proof of cancellations
- Scheduling challenges

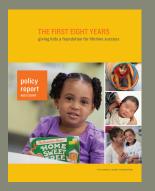
from T. Parker

# **Father Involvement: Why Should We Care?**

- Fathers are key partners in supporting the healthy development of children.
- As a parent dads provide a foundation so that their children can survive and thrive

# **Father Involvement: Why Should We Care?**

Children survive and thrive with parental support A strong foundation supports healthy transition to adulthood.



Source: Annie E. Casey Foundation (AECF)

## **Positive Impact of Father Involvement**

In a study examining father involvement with 134 children of adolescent mothers over the first 10 years of life, researchers found that father-child contact was associated with better socioemotional and academic functioning. The results indicated that children with more involved fathers experienced fewer behavioral problems and scored higher on reading achievement. This study showed the significance of the role of fathers in the lives of at-risk children, even in case of nonresident fathers.

Howard, K. S., Burke Lefever, J. E., Borkowski, J.G., & Whitman, T. L. (2006). Fathers' influence in the lives of children with adolescent mothers. Journa of Family Psychology, 20, 468-476.

Source: National Fatherhood Initiative (NFI)

## Men's Services Responsible Fatherhood Program – Baltimore

Responsible
Fatherhood is a
pathway for
engagement and
accountability



## What is Responsible Fatherhood?

Responsible Fatherhood is generally defined as – targeted efforts to provide comprehensive services to low-income, non-custodial, and non-resident fathers.

Services include job training and referral, parent education, support groups, and help with child support obligations.

# Who are the men/fathers we are trying to reach?

Men ranging in age from 18-35 years of age

- Limited parenting skills
- Low educational attainment
- Health and mental health issues
- Housing
- Substance abuse/addiction
- Criminal history
- No and/or limited formal employment history
- Child support arrears
- Family and community violence

## Part 2 – What We Must Consider

Balancing Accountability and Engagement

## What We Must Consider

#### When Balancing Accountability and Engagement

- Recognize the duality in men who batter: Humanity and abusive behavior can co-exist;
- Acknowledge that engaging men can support the goal of keeping women and children safe.

# Points to Consider in Approaching this Work

### Point

Men who batter are manipulative, dangerous and cruel. They need to be observed and monitored.

## Counterpoint

Men who batter can change, heal their relationships and contribute to the movement against domestic violence.

## **Working with Men who Batter**

#### Point

Our first priority always has to be the safety of women and children and accountability of men who batter.

## Counterpoint

Safety and accountability can be accomplished by positively engaging men who batter.

# **Working with Men Who Batter**

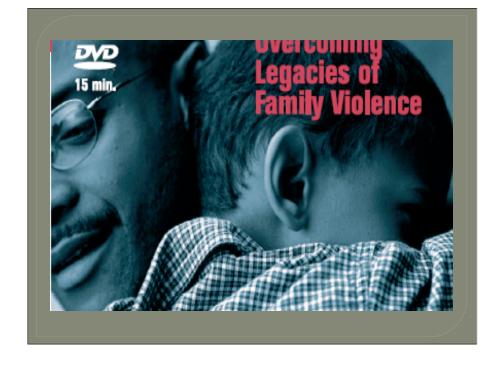
#### Point

Challenge Behavior Accountability Focus on Problems Limits

## Counterpoint

Support Person Connection Focus on Strengths Opportunities

#### **DUALITY IN PRACTICE**

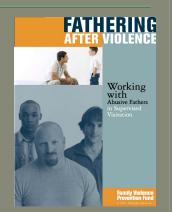


# Fathering After Violence

It is not a program per se

It is a conceptual framework to help end violence against women by:

- Balancing accountability and engagement
- Using fatherhood as a leading approach



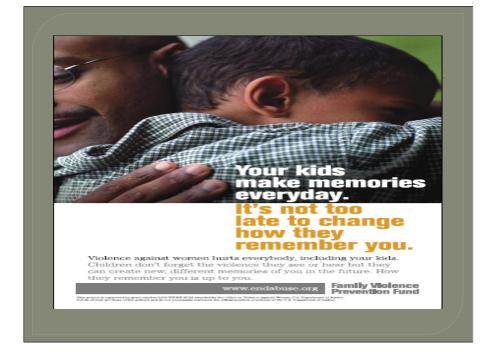
# Fathering After Violence

#### It includes:

- Culturally appropriate practical tools
- Prevention and intervention strategies
- Policy and practice recommendations

It has been adopted by hundreds of programs in the US and abroad

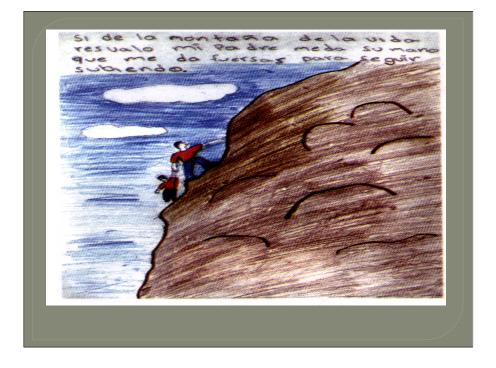












## **Safety First**

There are risks to engaging with MWB. We need to plan carefully so as not to increase risk.

There is a vast range in dangerousness and potential for change.

If we assume that all MWB are lethal, we will miss many people.

Always check with the victim about how to work with the perpetrator.

# Strong Fathers Program

Program for fathers in North Carolina adjudicated by child protection agency because of perpetration of domestic violence, based partly in the Fathering After Violence framework.

Their goals are to improve the participants' parenting and help them understand the effects of violence on their children

It is 20 weeks long

## Strong Fathers Research Results

- 1. Increased knowledge and demonstrated competence in parenting skills
- 2. Increased knowledge regarding the deleterious effects of domestic violence on children, including the identification of negative consequences of violence
- 3. Increased empathy toward children
- 4. Reduction in controlling, coercive, and/or abusive behaviors towards the current or former intimate partner (child's parent)

## **Some Accountability Strategies**

Naming the violence without shaming
Direct, respectful conversation with perpetrator
Referral to batterer intervention
Enlisting others with whom he has a relationship
Communicating with other service providers
Police or court response (differential impact on men of color)

## **Some Engagement Strategies**

Universal messages that promote non-violence in parenting and intimate relationships
Strengths-based and positive approaches
Using fatherhood – Legacy
Using culture
Development of empathy
Meaningful referrals

### **Balancing Accountability and Engagement**

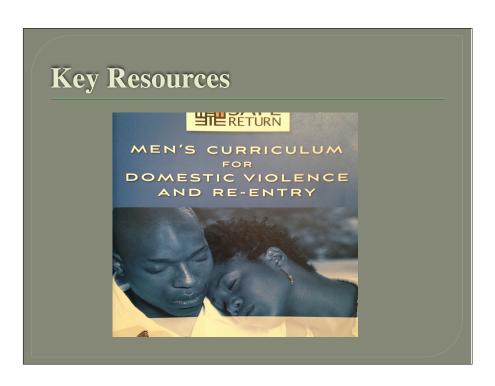
- Safety must always be our number one priority;
- Communication to mothers is paramount; Mastering the "accountability and connection" approach is difficult and requires a high degree of skill;
- Fathers' engagement is connected to safety; We need to consider the long term effects of our interventions.

We end up making mothers responsible for everything—this may increase risk.

- We overlook a significant opportunity to increase safety.
- We overlook a potential reparative resource for many children.

Final Thoughts: Why We Can't Wait

How will you continue to work as a collective to support fathers and families.....



## **Contact Information**

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#### THANK YOU!

**Questions & Answers** 

Learn More at:
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