## **Documentation Chart for Attempted Strangulation Cases**

## Symptoms and/or Internal Injury:

Breathing Changes	Voice Changes	Swallowing Changes	Behavioral Changes	OTHER
<ul> <li>Difficulty Breathing</li> <li>Hyperventilation</li> <li>Unable to breathe</li> <li>Other:</li> </ul>	<ul> <li>Raspy voice</li> <li>Hoarse voice</li> <li>Coughing</li> <li>Unable to speak</li> </ul>	<ul> <li>Trouble swallowing</li> <li>Painful to swallow</li> <li>Neck Pain</li> <li>Nausea /Vomiting</li> <li>Drooling</li> </ul>	<ul> <li>Agitation</li> <li>Amnesia</li> <li>PTSD</li> <li>Hallucinations</li> <li>Combativeness</li> </ul>	<ul> <li>Dizzy</li> <li>Headaches</li> <li>Fainted</li> <li>Urination</li> <li>Defecation</li> </ul>

Use face & neck diagrams to mark visible injuries:



Face	Eyes & Eyelids	Nose	Ear	Mouth
<ul> <li>Red or flushed</li> <li>Pinpoint red spots</li> <li>(petechiae)</li> <li>Scratch marks</li> </ul>	<ul> <li>Petechiae to R and/or L eyeball (circle one)</li> <li>Petechiae to R and/or L eyelid (circle one)</li> <li>Bloody red eyeball(s)</li> </ul>	<ul> <li>Bloody nose</li> <li>Broken nose</li> <li>(ancillary finding)</li> <li>Petechiae</li> </ul>	<ul> <li>Petechiae</li> <li>(external and/or ear canal)</li> <li>Bleeding from ear canal</li> </ul>	<ul> <li>Bruising</li> <li>Swollen tongue</li> <li>Swollen lips</li> <li>Cuts/abrasions (ancillary finding)</li> </ul>
Under Chin	Chest	Shoulders	Neck	Head
Redness Scratch marks Bruise(s) Abrasions	<ul> <li>Redness</li> <li>Scratch marks</li> <li>Bruise(s)</li> <li>Abrasions</li> </ul>	<ul> <li>Redness</li> <li>Scratch marks</li> <li>Bruise(s)</li> <li>Abrasions</li> </ul>	<ul> <li>Redness</li> <li>Scratch marks</li> <li>Finger nail impressions</li> <li>Bruise(s)</li> <li>Swelling</li> <li>Ligature mark</li> </ul>	<ul> <li>Petechiae (on scalp)</li> <li>Ancillary findings:</li> <li>Hair pulled</li> <li>Bump</li> <li>Skull fracture</li> <li>Concussion</li> </ul>

National Strangulation Training Institute: <u>www.strangulationtraininginstitute.com</u>

## **Questions to ASK: Method and/or Manner:**

How and where was the victim strangled?
$\Box \text{ One Hand (R or L)} \qquad \Box \text{ Two hands} \qquad \Box \text{ Forearm (R or L)} \qquad \Box \text{ Knee/Foot}$
Ligature (Describe):
$\Box$ How long? seconds minutes $\Box$ Also smothered?
□ From 1 to 10, how hard was the suspect's grip? (Low): 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (high)
□ From 1 to 10, how painful was it? (Low): 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (high)
Multiple attempts:      Multiple methods:
Is the suspect <b>RIGHT</b> or <b>LEFT</b> handed? (Circle one)
What did the suspect say while he was strangling the victim, before and/or after?
Was she shaken simultaneously while being strangled? Straddled? Held against wall?
Was her head being pounded against wall, floor or ground?
What did the victim think was going to happen?
How or why did the suspect stop strangling her?
What was the suspect's demeanor?
Describe what suspect's face looked like during strangulation?
Describe Prior incidents of strangulation? Prior domestic violence? Prior threats?
MEDICAL RELEASE

To All Health Care Providers: Having been advised of my right to refuse, I hereby consent to the release of my medical/dental records related to this incident to law enforcement, the District Attorney's Office and/or the City Attorney's Office.

Signature:	Date:
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