



Counseling and Education to Stop Domestic Violence

Treatment Essentials Training Agenda, Day 1

9:00-10:30 Training Begins

- **Introduction**
- **Myths about abusers**
- **Being a community resource**

BREAK: 10:30

10:45-12:15 Group Leader Styles

- **Exercise: What's your style and how does it complement/not complement other styles?**

LUNCH 12:15

1:15-2:45 Engagement and Accountability Strategies

- **Brief Overview of Emerge**
- **Punishment vs Accountability**
- **Exercise: Clarifying our purpose; how what we do supports that purpose exercise**
- **Stages of Accountability**
- **Suggested Lessons and Exercises that promote accountability**

2:45-4:00 Accountability Strategies

- **Suggested Lessons**

Treatment Essentials Training Agenda, Day 2

9:00-10:30 Engagement Strategies

- Suggested lessons and techniques
- Goal Setting
- Weekly Check In
- Taking a Turn
- Promoting Positive Group Participation
- Survival Skills

BREAK: 10:30

10:45-12:00 Teaching Empathy and Respect

- Suggested Strategies

LUNCH: 12:00

1:00-2:15 Video and discussion of live group

BREAK 2:15

2:30 Parenting Awareness and Education

- Suggested lessons and activities

4:00 End of Training Day